

Management of the Drugs Side Effects in the Antihypertensive Treatment Process – One of the Most Important and Interesting Issues for Family Doctors

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- Aim: to study the peculiarities of the hypertension management for its improvement in the reform conditions.
- Methods: Under the support of the Eurasia Partnership Foundation in the framework of the primary healthcare reform monitoring project 138 family doctors were questioned via in-depth interview. Response rate was 92%.
- Results: 89% of respondents mentioned that management of the side effects (especially, sexual dysfunction, postural reactions etc) of antihypertensive drugs is not clear enough.
- Conclusion: Due to defects of the titration process, detection of side effects of antihypertensive drugs is not common in Georgian population. From Family doctors opinion achievement of antihypertensive drug adequate treatment dosage is associated with frequent detection of side effects. Taking into consideration all above discussed we can conclude that there is a lack of experience in side effects management in Georgian family doctors.

